Sample Program Itinerary

ARKANSAS STATE UNIVERSITY SPANISH IN COSTA RICA Summer 2017 Schedule

Sunday, May 28th

XX11:41 a.m. Arrive to SJO, United#1096. CPI Group Assistant meets group at the airport; transfer to CPI for placement exams and orientation to Costa Rica; host families receive students at CPI

Monday, May 29th

Breakfast with host family; host family walks students to CPI

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

12:00 p.m. Latin cooking class at CPI; lunch (included)
2:30 p.m. Walking tour of Heredia with CPI staff member
6:00 p.m. Estimated time of return; dinner with host family

Tuesday, May 30th

Breakfast with host family

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes Afternoon free; dinner with host family

Wednesday, May 31st

Breakfast with host family

8:00 - 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

12:00 p.m. Tour of San Jose (lunch included), depart from CPI 6:00 p.m. Estimated time of return; dinner with host family

Thursday, June 1st

Breakfast with host family

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

Free time for lunch

2:30 – 3:30 p.m. Latin dance class at CPI

Afternoon free; dinner with host family

Friday, June 2nd

Breakfast with host family (bring your week-end bag to CPI)

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

12:00 Depart from CPI for Manuel Antonio lunch en route (included)

3:00 p.m. Pass by Rio Tarcoles to see the crocodiles 6:00 p.m. Arrive to Manuel Antonio; hotel check-in

Saturday, June 3rd

6:30 a.m. Breakfast at hotel

7:00 a.m. Enter Manuel Antonio National Park

8:00 - 3:00 p.m. Spend the day at the park hiking along the trails, sunbathing & swimming.

6:00 p.m. Dinner 8:00 p.m. Disco

Sunday, June 4th

Breakfast at hotel; morning free time on the beach

12:00 p.m. Hotel check-out and depart for Heredia (4 hour ride), lunch en route

5:00 p.m. Arrive to Heredia; dinner with family

Breakfast with host family

8:00 - 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

Afternoon free; dinner with host family

Tuesday, June 6th

Breakfast with host family

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

12:00 p.m. Lunch included; depart for volunteer project 5:30 p.m. Estimated time of return; dinner with host family

Wednesday, June 7th

Breakfast with host family

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

12:00 – 1:00 p.m. Latin cooking class at CPI; lunch (included)

Afternoon free; dinner with host family

Thursday, June 8th & Friday, June 9th

Breakfast with host family

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes Afternoon free; dinner with host family

Saturday, June 10th

Last breakfast with Heredia host family

8:00 a.m. Meet in front of church for transfer to Arenal Volcano; your host family will assist with your luggage

9:00 a.m. Pass through artisan town of Sarchi

11:30 a.m. Estimated time of arrival to La Fortuna; lunch & free time for internet and souvenir shopping

2:00 p.m. Hotel check-in; free time to enjoy hotel and prepare for hot water springs

5:00 – 9:00 p.m. Hot water springs; dinner on-site

Sunday, June 11th

7:00 a.m. Breakfast (included) at hotel

7:30 a.m. Transportation to La Fortuna Waterfall

8:00 – 11:00 a.m. Waterfall hike

11:45 a.m. Hotel check-out and transportation to Monteverde; lunch (included) en route

4:30 p.m. Estimated time of arrival to Monteverde region; meet new host family; dinner with family

Monday, June 12th

Breakfast with host family; host family walks students to CPI

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

12:00 p.m. Transportation from CPI to Trapiche tour; family style lunch (included) & tour

3:30 p.m. Transportation to Sta. Elena for walk about; CPI assigned group chaperone walks group to meeting point;

dinner with host family

Tuesday, June 13th

Breakfast with host family

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

12:00 p.m. Latin cooking class at CPI; lunch (included)

1:30 – 3:00 p.m. Movie at CPI

3:30 – 4:30 p.m. Latin dance class at CPI

Walk to host family; dinner with host family

Wednesday, June 14th & Thursday, June 15th

Breakfast with host family

8.00 10.00 a m Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes Afternoon free; dinner with host family

Friday, June 16th

Breakfast with host family

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

12:00 p.m. Transportation from CPI to Monteverde Life; lunch (included) en route & volunteer project

5:00 p.m. Return transportation to meeting point; dinner with host family

Saturday, June 17th

Breakfast with host family; free day; dinner with host family

Sunday, June 18th

Last breakfast with Monteverde host family; wear swimsuit, have towel handy and bring snacks

7:00 a.m. Depart from meeting point for Flamingo (your host family will assist with your luggage); stop for lunch en

route

10:00 a.m. – 2:00 p.m. Enjoy Cataratas Llanos del Cortes; late lunch (included)

4:30 p.m. Estimated time of arrival; meet Flamingo host family; dinner with family

Monday, June 19th – Thursday, June 22nd

Breakfast with host family

7:30 a.m. Transportation from meeting point to Flamingo area

8:00 – 10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

Afternoon free to enjoy local beach or optional activities

5:30 p.m. Transportation from CPI to meeting point; dinner with host family

Friday, June 23rd

Breakfast with host family

7:30 a.m. Transportation from meeting point to Flamingo area

8:00-10:00 a.m. Spanish classes

10:00 – 10:20 a.m. Break

10:20 a.m. – 12:00 p.m. Spanish classes

Lunch (included) and transportation to meeting point for catamaran cruise

6:30 p.m. Return transportation to meeting point; dinner with host family

Saturday, June 24th

Breakfast with host family; free day; dinner with host family

Sunday, June 25th

Breakfast with host family; free day and early dinner with host family

4:30 p.m. Arrive to meeting point (host families will assist with luggage) for transportation to SJO (5 hour trip & 3

hour check-in for 12:52 a.m. departure flight)